



JOIN OUR BOARD!

Upstate Family Health Center, Inc.
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COMMITMENT TO OUR PATIENTS

At Upstate Family Health Center, we are committed to meeting the unique needs of our patients and the community we serve. That's why more than 50% of our governing board members are also patients at our clinics.



ABOUT US

Upstate Family Health Center, Inc. is an Article 28, Federally Qualified Health Center, 501(c)(3) non-profit facility offering primary care services to individuals of all ages at various locations throughout the Mohawk Valley. Our experienced and dedicated staff provide the highest level of care, while ensuring that the patient's needs come first. We provide a comprehensive approach that keeps the patient at the center of care and involves other services when needed.

OUR MISSION

To improve the overall health and well-being of the community by providing accessible, comprehensive, high-quality primary care to all people without discrimination and regardless of ability to pay.

TIME COMMITMENT

Meetings are held monthly on the 4th Thursday of each month, with a monthly commitment of approximately 2 hours per month. In addition, members are asked to participate in the health centers's special events.

JOIN OUR BOARD

We are seeking qualified individuals to serve on our board of directors. While helpful, no previous board leadership experience is necessary. All we ask is that you have a passion for supporting our organization's mission, a willingness to learn the ins and outs of health center governance, and can commit to the time and work required of you. We encourage current patients of our clinics to apply, but you do not have to be a patient to be considered. Specifically, we are in search of those who live or work in the Mohawk Valley.

We value board members who, among a number of characteristics, bring integrity, balance, effective communication skills, willingness to be prepared for and involved in our work, and an interest to learning new skills or if they don't possess them. Serving as a board member has a number of benefits—you can help make a difference and “give back” to your community, build leadership skills, network and work with people of diverse backgrounds, grow decision-making and other managerial skills, and much more.